Every year there are about 30,000 cardiac arrests in the UK that happen outside of a hospital environment. For every second that defibrillation is delayed, a casualty's chances of survival falls by about 10%. We’ve put together a few tips to help you ensure your defibrillator is always ready for use.

1. Set up a regular inspection procedure for your defibrillator.
2. Record your inspections. (We’ve put together a simple sheet to help you).
3. Make a note of the expiration date of pads and batteries.
4. Reorder batteries and pads before they expire.
5. Follow the guidance in your product manual when cleaning your defibrillator.