

## Wearing your uniform

**No.1 dress – No.2 dress**

To be worn for investitures, church parades, formal ceremonial duties, events etc. Where members do not have a jacket the NATO tight knit sweater may be worn (No.2 dress). Medals may be worn with this form of dress if ordered.

**No.3 dress – No.4 dress**

To be worn when on nursing duties in medical establishments. This mode may also be authorised for outdoor warm weather wear or for indoor duties.

These photographs illustrate only some of the combinations of uniform, see table for full detailed options.

Item	No.1	No.2	No.3	No.4
Jacket	✗	✗	✗	✗
Black skirt or trousers (personal choice)	✓	(1)	(1)	(1)
Shirt	✓	✓	✓	✓
Tie	✓	✓	(1)	(1)
Kameez and Hijab	(2)(7)	(2)(7)	(7)	(7)
Sweater/operational fleece	✓	✓	✓	✗
Sweatshirt/polo shirt/t-shirt	✗	✗	(1)	✗
Hat	✓	✓	(5)	(1)
Baseball cap	✗	(1)	✗	(1)
Black shoes, tights/stockings/socks	✓	✓	✓	✓
Black gloves	✗	(1)(4)	(4)	✗
White gloves	(2)	(1)	✗	✗
High-visibility jacket/waistcoat	✗	(1)(4)	✗	(1)(4)
Waterproof trousers	✗	(1)(4)	✗	✗
Combat trousers	✗	✗	✗	(1)(4)
Two-piece (black/green)	✗	✗	✗	✗
Green operational fleece	✗	✗	✗	✗
Medal ribbons	✓	✓	✗	✗
Medals	(1)(2)	(2)(3)	✗	✗
Aiguillettes	✓	(2)(3)	✗	✗
Nursing bag	(2)(5)	(1)(5)	(1)	(1)(5)
Pouch (U14255)	(5)	✓	(4)(5)	✓
Helmet	✗	(1)(4)	✗	(1)(4)
Safety footwear	✗	(1)(4)	(1)(4)	(1)(4)
St John Ambulance belt	(4)	(1)	(1)	(1)
Green or black utility belt	✗	✗	✗	✗
Soft utility belt (black/green)	✗	✗	✗	✗
Fleece ski-style hat	✗	✗	✗	✗
CFR hi-visibility jacket	✗	✗	✗	✗
CFR polo shirt/t-shirt	✗	✗	✗	✗

✓ Indicates may be worn ✗ Indicates may not be worn

**Dress regulations****What to wear and when**

- There are 7 orders of dress authorised for wear. They relate to the varied activities of St John Ambulance. With an increasing need for St John Ambulance to be involved in a much wider range of caring, the precise form of uniform is often difficult to prescribe. As a result, St John Ambulance authorises the wearing of other forms of dress to provide identification in special circumstances. For example, Badger leaders conducting Badger activities and members who undertake social care duties wearing a sweatshirt or polo shirt, combat trousers or fleece
- Generally, unit members should wear approved clothing suitable for their particular roles. All members should wear similar uniform when on duty together unless their specific role necessitates otherwise. Officers responsible for each duty should carefully consider the possible risks and operational needs, the members' preferences and any county policy when ordering what should be worn.

**Wearing your uniform**

- You may wear only those badges authorised in Dress regulations and they must be correctly positioned – see page 10. Only sew-on medal ribbons should be worn with operational dress. It is usually appropriate for headwear to be removed and

the senior officer present will issue instructions appropriately. You should not mix uniform with civilian clothes except as part of the uniform, eg. shoes.

**Care and protection for our members**

- Particular concern should be given to SJA Regulations section 3. On any St John Ambulance activity, always consider your own personal safety
- Wear suitable, authorised high visibility garments, safety footwear and protective clothing, including headwear appropriate to the task you are undertaking. Particular consideration must be given to selection of headwear in hot, sunny conditions. When the Hijab is worn for operational duties it must be tucked in or secured to prevent a health and safety hazard.

**Emergencies**

- If you are called to an emergency and there is no time to dress in complete uniform, wear the most appropriate form of identification that you have available eg. an armband, hi-vis clothing or uniform headwear. Never take risks if appropriate personal protective equipment is not available.